

Curriculum Intent and Breadth Map - PE



PE Intent

Through the PE curriculum, we aim for pupils to develop a range of adaptable skills to apply to a variety of activities. Pupils will be inspired to compete and strive for excellence in a sport, as well as having an understanding of healthy and active lifestyles and the impact of sport on physical and mental health.

As sports people, children develop their knowledge and skills in the areas of developing practical skills in order to **participate, compete and lead a healthy lifestyle**. Some of these include; swimming, athletics and outdoor and adventurous activities. Each half term, children will engage in units, which provide opportunities for them to develop skills in **sport** and improve **fitness**.

		Autumn		Spring		Summer	
		1 st Half	2 nd Half	1 st Half	2 nd Half	1 st Half	2 nd Half
EYFS	Reception	Fundamentals Unit 1	Gymnastics Unit 1	Dance Unit 1	Ball Skills Unit 1	Athletics	Games Unit 1
KS1	Year 1	Indoor – Yoga Outdoor – Fundamentals	Indoor – Gymnastics Outdoor – Ball Skills	Indoor – Dance Outdoor – Target Games	Indoor – Sending & Receiving Outdoor – Striking & Field Games	Indoor – Net/Wall Games Outdoor – Athletics	Indoor – Fitness Outdoor – Invasion Games
	Year 2	Indoor – Yoga Outdoor – Fundamentals	Indoor – Gymnastics Outdoor – Ball Skills	Indoor – Dance Outdoor – Target Games	Indoor – Sending & Receiving Outdoor – Striking & Field Games	Indoor – Net/Wall Games Outdoor – Athletics	Indoor – Fitness Outdoor – Invasion Games
LKS2	Year 3	Indoor – Yoga Outdoor – Fundamentals	Indoor – Gymnastics Outdoor – Ball Skills	Indoor – Dance Outdoor – Football	Indoor – Basketball Outdoor – Hockey	Indoor – Cricket Outdoor – Athletics	Indoor – OAA Outdoor – Rounders
	Year 4	Indoor – Yoga Outdoor – Fitness	Indoor – Gymnastics Outdoor – Golf	Indoor – Dance Outdoor – Tag Rugby	Indoor – Dodgeball Outdoor – Tennis	Indoor – Swimming Outdoor – Athletics	Indoor – Swimming Outdoor – OAA
UKS2	Year 5	Indoor – Yoga Outdoor – Fitness	Indoor – Gymnastics Outdoor – Football	Indoor – Dance Outdoor – Swimming	Indoor – Dodgeball Outdoor – Swimming	Indoor – Athletics Outdoor – Tennis	Indoor – OAA Outdoor – Hockey
	Year 6	Indoor – Yoga Outdoor – Swimming	Indoor – Gymnastics Outdoor – Swimming	Indoor – Dance Outdoor – Tag Rugby	Indoor – Golf Outdoor – Basketball	Indoor – Athletics Outdoor – Cricket	Indoor – OAA Outdoor – Rounders