



Lapal

Primary School

Newsletter

February 2024

Dear Parents and Carers,

I hope this newsletter finds you well. I wanted to say thank you to everyone who attended our recent Parents' Evening. Your presence and engagement are always valued, and it was wonderful to hear your positive messages about our school. Mrs. Atkinson, Mr. Maynes, and I have passed on your feedback to our dedicated staff, who greatly appreciate your support.

EYFS Paramedic Visit

Our Early Years Foundation Stage had a special visit from one of our parents who is a Paramedic. The children thoroughly enjoyed learning about the important work done by paramedics and how jobs can help others. These real-world experiences enrich our curriculum and inspire our young learners.

Year 6 outing to Leasowes High School

Our Year 6 students had an exciting visit to Leasowes High School to watch their production of "The Addams Family." It was not only a delightful experience for our children but also heart-warming to see some of our former pupils perform and support the production backstage. These connections with our local high schools are invaluable for our pupils' transition and growth.

KS2 Red carpet movie night

This week, key stage 2 pupils had a glamorous "Red Carpet Movie Night" where Years 3 & 4 enjoyed watching 'Sing' and Year 5 & 6 'School of Rock'. It was a fun-filled evening, complete with popcorn and laughter, providing a well-deserved treat for our children.

Trust Rock stars battle champions

A big congratulations to our Year 4, 5, and 6 children for their impressive victory in the Trust Rock Stars Battle! Their dedication to learning their multiplication skills has paid off, and we are incredibly proud of their achievement.

As always, I encourage you to reach out if you have any questions, suggestions, or if there's anything we can do to support you or your child's education further. Your partnership in your child's learning journey is invaluable.

Thank you once again for your continued support, and let's look forward to more exciting events and successes as we move towards Easter.

Kind regards

Mrs Joanna Turner
(Executive Headteacher)

Diary Dates

Autumn 2023 Term starts

6th Sept

Half term

30th Oct - 3rd Nov

Term ends

22nd Dec

Spring 2024 Term starts

8th Jan

Half term

12th Feb - 16th Feb

Term ends

22nd March

Summer 2024 Term starts

8th April

Half term

27th May - 31st May

Term ends

19th July

INSET DAYS

Monday 22nd July

Friday 19th July—2pm finish

**Please see our online
calendar on our web-
site for all our event
Information.**

House Points

Totals for February

Diamond 744

Sapphire 612

Ruby 630

Emerald 811

February Attendance

RHall	96%	3/4JD	97%
RHopkins	97%	3/4G	97%
1M	98%	3/4SD	97%
1RW	96%	5M	95%
2C	97%	5SB	95%
2CG	96%	6R	95%
		6W	97%

Before & After School Club

Breakfast Club 8am—8:40am

After School Club 3:15pm- 6pm

Tel: 01384 812642

When collecting from After School Club please be aware of pedestrians when exiting

NSPCC Helpline number

The helpline will support children and young people, and offer guidance to adults and staff working with pupils,

The helpline can be contacted on **0800 136 663**, or by emailing help@nspcc.org.uk

Safeguarding

If you are concerned about a child then please contact our Designated Safeguarding Lead who is Mrs Atkinson, or our Deputy Safeguarding Leads Mrs Turner, Mr Maynes, Miss Gillon or Mr Rizzo.

Safeguarding is the responsibility of us all. If we are concerned about a child we have a duty to contact Children's Service, if you are concerned about a child, outside school, then you can call 0300 555 0050 with your concerns and seek advice. Our safeguarding policy can be found on our school website.



CONGRATULATIONS

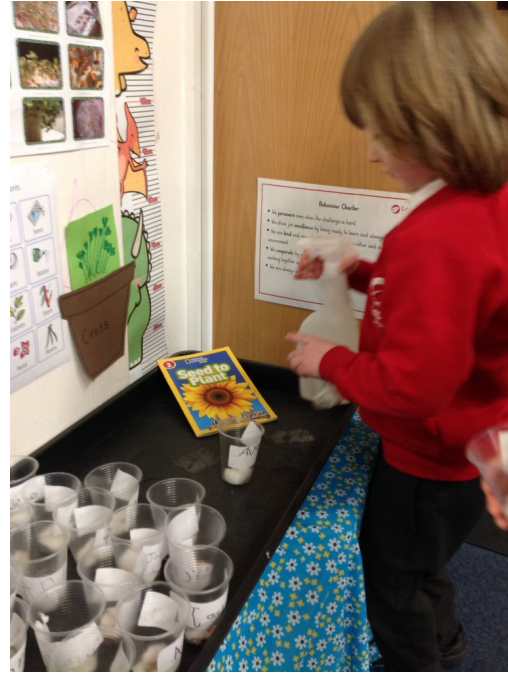


On 29th February, Lapal competed in a football tournament with Hales Valley Trust schools. They were absolutely incredible and won the tournament in amazing fashion, conceding only one goal during the whole tournament. Every member of the team performed brilliantly and represented the absolute best of Lapal throughout the whole event. This was a great experience for all involved and highlighted the excellent qualities of our children



Reception

Reception are growing their own edible plants! The children have enjoyed planting cress seeds and watching them grow. The cress seeds need daily watering to make them grow and the children have taken responsibility for caring for their plants. The children are also growing green beans to add to our very own vegetable farm in the classroom! We can't wait to try them in our snack cafe.



Year 1

In Design and Technology, Year One have worked super hard on designing, planning and building their very own vehicle. cle.

We are so proud on the perseverance, creativity and teamwork shown when making their vehicles. Every single Year One pupil attached their own; wheels, washers and axels to their boxes to make a vehicle and they moved! Well done



Year 2

Year 2 have worked so hard in their Art lessons this term, focusing upon painting. First, the children identified warm and cool colours on colour wheels. Next, they responded, in paint, to images of warm sunsets in Africa and cool night skies, creating their own beautiful pictures. They used a range of primary and secondary colours and brushes to mix different shades, adding white to create lighter tones and black for darker ones. Finally, the children sketched buildings in the local area, emulating the style of illustrator Jessica Howgarth, before adding warm or cool colours to complete their work. We were very impressed by their super paintings. Mrs Cartwright, Miss Gillon and Mrs Johal.



Year 3/4

This term we have been biologists! In our current science unit, Year 3 and 4 pupils have been learning all about Rocks, Fossils and Soils. We have conducted various tests to identify different types of rocks including granite, sandstone, basalt and marble based on their hardness, permeability and microscopic appearance. Building upon this learning, we created a dichotomous key which helped us work out which rock we were faced with depending upon its individual characteristics. Furthermore, we have learnt about the process of fossilisation and discovered that there are many stages to this scientific process.



Recently, Year 3 and 4 have got their artists' aprons on and have found out about one of the most well-renowned impressionist artists - Claude Monet. We looked at his 'Wheatstacks' paintings from the 1890s and created our own colour palettes using shades and tints. We considered the light, shadow and colours used. Furthermore, we explored colour palettes based on different seasons and then built our knowledge so that we could paint our final masterpieces. We are very proud of our impressionism-inspired masterpieces!

Year 5

In Year 5 we have been using drama to recreate events from history. We have been exploring the life of Hatshepsut, in preparation for our biography writing. We created a catwalk experience to celebrate our power dressing, just as Hatshepsut had done in ancient Egypt 3500 years ago. We also hot seated her step-son, Tuthmosis III to find out more information about why he ordered many of her statues and temples be destroyed after her death. The children had a wonderful time and have gained a great insight into the life of an incredible ancient Egyptian pharaoh.




Year 6


Year 6 have had the luxury of attending Leasowes High School to watch their fantastic performance of the Adams Family. This was a fantastic opportunity for the children to see the high school and what they have to offer.

Some of our year 6's had the fantastic opportunity to attend the year 5 and 6 maths competition ran by Helen Owens. The children performed fantastically and came a respectable 4th. The children took part in many problem solving and reasoning questions, where they had to think outside of the box to find the answers.

**Leasowes High School
Presents**



**Addams Family
Musical**

 Tickets:
Adults - £7
Concession/Students - £6

Wednesday 21st Feb 7pm
Thursday 22nd Feb 7pm
Friday 23rd Feb 7pm

Purchase your tickets from the QR Code or
<https://leasowes.inspire.invicus.education/schoolwebsite/ticketheadmaster/>

GREAT ways to wellbeing

At Lapal, we actively share and discuss what good mental health is.

We do this by exploring the '10 Key's to happier living' or what your child might refer to as GREATDREAM.

Giving

Relating

Exercise –

Taking care of your body is good for your mind.

Awareness

Try something new

Direction

Resilience

Emotions

Acceptance

Meaning

This month's newsletter focus is **Exercise**

Be physically active

Moving matters for your mind. Being physically active is a quick and easy way to boost your mood and supports the health and functioning of your brain. According to some scientists exercising improves how well the brain works and helps keep it in good condition!

Here are some activities that may wish to carry out during February:

Dance like nobody is watching. Play a family favourite song and dance around like nobody is watching.

Mindful Safari. Whilst out walking with your child, ask them to notice as many birds, insects, bugs and as many other animals as they can.

Yoga disco. Attached are links that you can click on. These will take you to various yoga discos that your child may be interested in doing. [Washing Machine Yoga Disco](#), [Hi My Name is Jo](#),

Please share any of the activities you carry out related to our wellbeing focus this month.

Mrs Walford.

Friendly February 2024

MONDAY



5 Make time to have a friendly chat with a neighbour

12 Focus on being kind rather than being right

19 Share something you find inspiring, helpful or amusing

26 Make uninterrupted time for your loved ones

TUESDAY



6 Get back in touch with an old friend you've not seen for a while

13 Smile at the people you see and brighten their day

20 Make a plan to connect with others and do something fun

27 Call a friend to catch up and really listen to them

WEDNESDAY



7 Show an active interest by asking questions when talking to others

14 Tell a loved one or friend why they are special to you

21 Really listen to what people say, without judging them

28 Give positive comments to as many people as possible today

THURSDAY

1 Send a message to let someone know you're thinking of them

8 Share what you're feeling with someone you really trust

15 Support a local business with a positive online review or friendly message

22 Give sincere compliments to people you talk to today

29 Acknowledge someone's problem or pain rather than trying to fix it

FRIDAY

2 Ask a friend how they have been feeling recently

9 Thank someone and tell them how they made a difference for you

16 Check in on someone who may be struggling and offer to help

23 Be gentle with someone who you feel inclined to criticise

SATURDAY

3 Do an act of kindness to make life easier for someone

10 Look for good in others, particularly when you feel frustrated with them

17 Appreciate the good qualities of someone in your life

24 Tell a loved one about the strengths that you see in them

SUNDAY

4 Invite a friend over for a 'tea break' (in person or virtual)

11 Send an encouraging note to someone who needs a boost

18 Respond kindly to everyone you talk to today, including yourself

25 Thank three people you feel grateful to and tell them why



ACTION FOR HAPPINESS

Happier · Kinder · Together